Confused? Don't Be!

With HealthyPackRX[™] all your medications are organized into individual packets that are

labeled with the medication, day, date and time to be taken to improve convenience and reduce confusion and the risk of medication errors. By taking your medications correctly with the HealthyPackRX $^{\text{\tiny{M}}}$ packets you are more likely to stay well, make fewer clinic visits and require fewer hospitalizations.

Please notify our Patient Care Center at 1.888.558.9941 at least ten days prior to your next fill to make sure we are aware of any changes your doctor has made to your prescription routine.



Easier to remember to take the correct medication at the right time.

All pills are packed in one packet based on the time to be taken.

Medications can be organized by date and time for each 30 day supply.

Eliminates the need for cumbersome daily reminder boxes.

Easy-to-read labels, easy-to-open tear packet.

One packet makes taking medications easy.

Convenient for organizing children's medications.

Travel friendly.

All medications for one administration time are contained in an easy-to-carry packet eliminating those cumbersome vials.

Multi-Dose
Prescription Packs

for your convenience and your health.





Frequently Asked Questions

What is HealthyPack_{RX}™?

HealthyPack_{RX}[™] is our compliance packaging that organizes your prescription medications into individual packets. Each packet is labeled with the medication, day, date and time to be taken. HealthyPack_{RX}[™] allows a pharmacist to review your prescription history and make recommendations to monitor and improve your health. It is easier and more convenient to keep track of your medication with the HealthyPack_{RX}[™] system.

What medications can be filled in HealthyPack_{RX}™?

Your routine maintenance prescription medications can be packaged in HealthyPackex™. We cannot package the following medications: soluble medications, "as needed" medications, and certain antibiotics. There is an OTC formulary of the most commonly used over-the-counter medications that can be packaged in HealthyPackex™. Your pharmacy team will discuss your medications with you and determine what will be packaged.

I only take one medication. Can I still have it packaged in HealthyPack_{RX}™?

At this time we are only packaging in HealthyPack $_{RX}^{\text{TM}}$ if you have more than one eligible maintenance medication.

How do I receive my HealthyPack_{RX}™ prescriptions?

You can pick up your HealthyPack_{RX}™ at your local pharmacy or have them mailed to you. If you pick up the HealthyPack_{RX}™ at the pharmacy there is no additional fee. If you choose the mail-out option there will be a standard monthly shipping fee of \$5. If you have not picked up your medications by the time you should begin taking from the new roll, your HealthyPack_{RX}™ will be mailed to you and you will be charged the \$5 shipping fee.

What will I receive each month with HealthyPack_{RX}™?

On initial enrollment you will receive a reusable dispenser box that will hold your roll of HealthyPack_{RX}™. Each month you will receive a new roll of medications. When you run out of the packets, simply place the new roll in your dispenser box. Each month your roll will come with header bags which include the full directions for taking your medications. You can tear those bags off and keep or dispose of them. Contact the pharmacy when your dispenser box is worn and needs to be replaced.

Can I have HealthyPack_{RX}™ mailed to me?

Yes. We will mail your HealthyPack_{RX}[™] for a \$5 monthly shipping free.

What happens if I get a new medication in the middle of the month?

Your new prescription will be filled with only enough medication to

get to your next refill date, and then will be packaged with the rest of your medications in HealthyPack_{RX}™ each month going forward.

All my medications are filled on different days. Can I use HealthyPack_{RX}™?

Yes. We will work with your insurance provider and physician to get all your prescriptions on the same schedule. We will contact you and coordinate the first date for your HealthyPack_{RX}™. Your medications will be synchronized during your first month of enrollment. Following the initial period, your prescriptions will be filled in HealthyPack_{RX}™.

How will I know when to take my medication?

Each HealthyPack $_{RX}^{^{TM}}$ packet is labeled with the medication day, date and time to be taken to improve convenience and reduce confusion and the risk of medication errors. Tear off the packet for the correct date and time and take the medications in the packet. The next dose will be ready for you!

Can I get my 60 or 90 day prescription filled in the HealthyPack_{RX}™ packaging?

We currently only offer a 30 day supply of HealthyPack_{RX}™. With all your medications organized together, and possible changes in your prescription routine, it is necessary to provide no more than 30 days of medication to reduce and eliminate waste. We can fill 60 or 90 day supplies through our Synchronized Prescriptions/Ready Refill program and dispensed in vials.

What should I do if I forget to take a packet or miss a dose?

As with most medications, it may depend on how long it has been since you should have taken your dose. You should contact your pharmacist if you have any questions.

Where should I store my HealthyPack_{RX}™ dispenser box?

As with all medications they should be stored out of reach of children. HealthyPack $_{RX}^{^{\text{TM}}}$ is not child safe packaging. Do not store box in hot or humid conditions. Keep in a dry spot and out of direct sunlight.

I have my prescriptions filled by mail order or VA, can I have my prescriptions filled in HealthyPack_{RX}™?

You will have to contact your insurance company and let them know that you want to receive your medications packaged at your local Thrifty White Pharmacy and talk through the options to see if that would be possible. Contact our Patient Care Center to help you work with your insurance company at 1.888.558.9941.

How do I pay for my HealthyPack_{RX}™ prescriptions?

You may pay by cash, check, debit or credit card. If you need your HealthyPack_{RX}™ mailed, you must have a credit/debit card or private charge account on file.

How do I sign up for HealthyPack_{RX}™?

Visit your local Thrifty White Pharmacy to enroll or call our Patient Care Center at 1.888.558.9941.

Keeping you healthy one pack at a time.